



**Friday**  
**November 28, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

|              |                      |
|--------------|----------------------|
| Block 1      | 8:00 – 9:12          |
| Block 2      | 9:16 – 10:28         |
| FLEX         | 10:28 – 10:57        |
| Block 3      | 11:01 – 12:13        |
| <b>LUNCH</b> | <b>12:13 – 12:53</b> |
| Block 4      | 12:57 – 2:09         |
| Block 5      | 2:13 – 3:25          |



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



# **GRADE 12 ANNOUNCEMENT**

**Semester 2 Study  
Block Forms**

**Due December 1st**

# BUY YOUR YEARBOOK

## INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before  
December 19



# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# CHRISTMAS MOVIE NIGHT

FREE ENTRY! - Bring food donations!

GRADE 12 ONLY



FILL OUT THE FORM TO  
VOTE ON A MOVIE!

**At Heritage Woods**

7:00 - 9:00pm

**Thursday**

**December 11th**

Consession will be available!



# December Spirit Week 1 Events!

(During Lunch)

| Date                | Event  | Place      |
|---------------------|--|------------|
| Dec 1 <sup>st</sup> | Kodiak Mini-Game   | Grand Hall |
| Dec 2 <sup>nd</sup> | Basketball Relay  | Gym        |
| Dec 4 <sup>th</sup> | Winter Kickoff Draw  | Grand Hall |

# December Spirit Week 1 Outfits!

| Date                | Outfit Style  |
|---------------------|---|
| Dec 1 <sup>st</sup> | Sports Day         |
| Dec 2 <sup>nd</sup> | Twin Day           |
| Dec 3 <sup>rd</sup> | Ugly Sweater       |
| Dec 4 <sup>th</sup> | Christmas Colors  |



# LUMIERE CANDLES

ANY LEFT OVER CANDLES, HALF EMPTY?

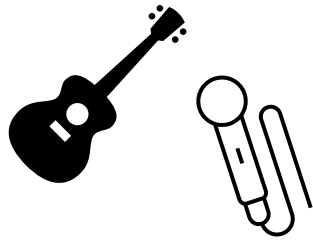
don't throw them out!  
we can take them off your hands!!

drop box in room 301.



follow our instagram and  
tiktok for more information





# OPEN-MIC DAYS



Every Wednesday  
During Lunch  
At the Grand hall

Can be singing, dancing,  
playing an instrument,  
and more

Come and show your  
skills by performing for  
everyone on open-mic  
days!

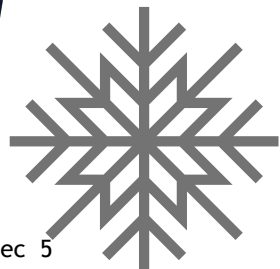


Scan QR code to sign up!

# International Student and ELL Field Trip



- ▶ Canyon Lights @ Capilano Suspension Bridge Park  
and Park Royal Mall
- ▶ Date: Thurs December 11, 2025
- ▶ Time: 2: 45 PM - 9 PM
- ▶ Cost: \$50 (for ticket, snack and hot beverage,  
transport)
- ▶ **SPACE IS LIMITED!!!**
- ▶ See Ms. Lee or Ms. Mak in Room 245 to sign up.  
Deadline: 4<sup>th</sup> Dec



Dec 5



# CLUBS



Kodiak Pride Club Presents

# BINGO!

December 2

Lunch

Room 216a



# KODIAK ATHLETICS

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# Girls Field Lacrosse

Meeting tomorrow afterschool in the gym if you can't make it see Ms. Powell asap.

Also - sign up outside the PE office.

**Best of luck to our  
Senior Girls Volleyball  
team competing this  
weekend at SGV @  
Provincial  
Championships in  
Kelowna!**





Best of luck to our  
Senior Boys Basketball  
team competing this  
weekend at the Kodiak  
Klassic!

**“GO KODIAKS GO”**

# CAREER CENTER



# EXPLORE UVIC

**ALL OF UVIC. ALL IN ONE DAY.**  
**Saturday, Nov. 29, 2025**

Register for this in-person, on-campus event!

[uvic.ca/explore](https://uvic.ca/explore) | [recruitment@uvic.ca](mailto:recruitment@uvic.ca) | 250-721-8949



# Explore CapU Open House

Saturday, November 29

- Discover dozens of programs
- Learn about financial aid and entrance awards
- Connect with faculty, peers and current students

RSVP at  
[CapilanoU.ca/explore](https://CapilanoU.ca/explore)



# COMMUNITY





## MAKE AN IMPACT WITH THE LOWER MAINLAND GREEN TEAM & CITY OF PORT MOODY!

Meet new people, spend time outside, try new things, earn volunteer hours and make a positive environmental impact, all while having fun!

**Sun. Nov. 30th, 2025**

**9:45am - 1pm**

**Seaview Park, Port Moody**

Remove invasive blackberry to protect our environment!

NO EXPERIENCE NEEDED! All ages & abilities welcome.  
Gloves, tools, snacks & educational instruction provided!

**MORE INFO, SIGN UP, & OTHER ACTIVITIES!**

Scan the QR code, visit [bit.ly/greenteam-nov30-2025](https://bit.ly/greenteam-nov30-2025)  
OR email Max Muehlen, at [Max@greenteamsCanada.ca](mailto:Max@greenteamsCanada.ca)



# Volunteers Needed @ Community Dinners

**Who?** Students needing volunteer hours/ Students interested in culinary or hospitality industry

**What?** Help with Community Dinner (some prep, serve, set up and take down)

**When?** 4-7:30 PM, 3<sup>rd</sup> Wednesday every month  
(next dinners are 19<sup>th</sup> Nov and 17 Dec)

**Where?** St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre )

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the yummy community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: [tmlum@hotmail.com](mailto:tmlum@hotmail.com)

